

# Fatherhood Is Sacred® , Motherhood Is Sacred®

## Facilitator Certification Training

### AGENDA

Training starts promptly at 8a.m. (Arizona time) to 5p.m.

#### Day 1

- ◆ **Welcome and Introductions**
- ◆ **Facilitator Certification Information**
- ◆ **Overview of NAFFA and the Linking Generations by Strengthening Relationships® Program**
- ◆ **Session One: Introduction to the Program**
  - Introducing the program
  - Define the purpose of life
  - Understanding the sacredness of fatherhood/motherhood
  - Understanding the importance of heritage
- ◆ **Session Two: Laying the Foundation**
  - Understanding the concepts of character and integrity
  - Understanding the concepts of order and chaos
  - Define laws and rules, explain the difference
  - Understanding the need to improve relationships
  - Understanding the importance of fathers and mothers as leaders

#### **Lunch (On Your Own)**

- ◆ **Session Three: The Creator**
  - Understanding the Creator as an integral part of Native American cultures and heritage
  - Understanding the concept of prayer and its importance in Native American cultures
  - Understand and explain the importance of faith/belief
- ◆ **Session Four: Choice**
  - Understand and value the freedom of choice
  - Understanding and appreciate the power of choice
  - Understanding the consequences of both good and bad choices

#### Day 2

- ◆ **Session Five: Essential Part of Choice**
  - Understanding the importance of vision
  - Understand and explain how vision is powerful
  - Understand the results of absence of vision
  - Understand why vision is needed
  - Understand the impact of vision in our relationships



◆ **Session Six: Teachable**

- Understanding the concept of being teachable
- Understand and explain the benefits of being teachable
- Understand the importance of truth
- Describe how to learn truth

## **Lunch (On Your Own)**

◆ **Session Seven: Barriers to Being Teachable**

- Understand and identify the barriers to being teachable
- Understand and explain how to remove the barriers to being teachable

◆ **Session Eight: Wisdom**

- Understand the importance of wisdom
- Explain the three components of wisdom
- Understanding how to value wisdom
- Define and give personal examples of wisdom

## **Day 3**

◆ **Session Nine: Service**

- Understand the importance and benefits of service
- Understand the concept of sacrifice and why it is important
- Explain how to value the small and simple things

◆ **Session Ten: Self Identity**

- Understand how the core concepts of the program apply to who we are
- Understand why it is important to know who we are
- Understand the importance of improving attitude
- Understand why it is important to respect your children's mother/father
- Understand how our parents had ideas about who we would become

## **Lunch (On Your Own)**

◆ **Session Eleven: Relationships**

- Understand the importance of relationships
- Learn positive ways to build relationships
- Understand the importance of communication
- Understand how communication affects relationships

◆ **Session Twelve: Nurturing**

- Understand the importance of nurturing
- Learn how to nurture your family and children
- Understand how love and discipline relate to nurturing
- Experience nurturing