Training starts promptly at 8 a.m. (Arizona time) to 5 p.m.

Day 1

♦ Welcome and Introductions
♦ Facilitator Certification Information
♦ Overview of NAFFA and the Linking Generations by Strengthening Relationships® Program
♦ Session One: Introduction to the Program
  • Introducing the program
  • Define the purpose of life
  • Understanding the sacredness of fatherhood/motherhood
  • Understanding the importance of heritage

♦ Session Two: Laying the Foundation
  • Understanding the concepts of character and integrity
  • Understanding the concepts of order and chaos
  • Define laws and rules, explain the difference
  • Understanding the need to improve relationships
  • Understanding the importance of fathers and mothers as leaders

Lunch (On Your Own)

♦ Session Three: The Creator
  • Understanding the Creator as an integral part of Native American cultures and heritage
  • Understanding the concept of prayer and its importance in Native American cultures
  • Understand and explain the importance of faith/belief

♦ Session Four: Choice
  • Understand and value the freedom of choice
  • Understanding and appreciate the power of choice
  • Understanding the consequences of both good and bad choices

Day 2

♦ Session Five: Essential Part of Choice
  • Understanding the importance of vision
  • Understand and explain how vision is powerful
  • Understand the results of absence of vision
  • Understand why vision is needed
  • Understand the impact of vision in our relationships
Session Six: Teachable
- Understanding the concept of being teachable
- Understand and explain the benefits of being teachable
- Understand the importance of truth
- Describe how to learn truth

Lunch (On Your Own)

Session Seven: Barriers to Being Teachable
- Understand and identify the barriers to being teachable
- Understand and explain how to remove the barriers to being teachable

Session Eight: Wisdom
- Understand the importance of wisdom
- Explain the three components of wisdom
- Understanding how to value wisdom
- Define and give personal examples of wisdom

Day 3

Session Nine: Service
- Understand the importance and benefits of service
- Understand the concept of sacrifice and why it is important
- Explain how to value the small and simple things

Session Ten: Self Identity
- Understand how the core concepts of the program apply to who we are
- Understand why it is important to know who we are
- Understand the importance of improving attitude
- Understand why it is important to respect your children’s mother/father
- Understand how our parents had ideas about who we would become

Lunch (On Your Own)

Session Eleven: Relationships
- Understand the importance of relationships
- Learn positive ways to build relationships
- Understand the importance of communication
- Understand how communication affects relationships

Session Twelve: Nurturing
- Understand the importance of nurturing
- Learn how to nurture your family and children
- Understand how love and discipline relate to nurturing
- Experience nurturing