

# ***Addressing Family Violence & Abuse***<sup>®</sup> **Facilitator Certification Training**

Training starts promptly at 8a.m. (Arizona time) to 5p.m.

- Welcome and Introductions
- **Session One: Introduction and Overview-Fatherhood Is Sacred<sup>®</sup>, Motherhood Is Sacred<sup>®</sup>**
  - Define the purpose of life
  - Manhood and Womanhood
  - Fatherhood and Motherhood
  - NAFFA Core Principles
- **Session Two: The Path to Family Violence and Abuse**
  - The Family
  - What is Family Violence and Abuse?
  - Factors & Effects Leading to Family Violence and Abuse
  - Verbal, Emotional, Physical and Sexual Abuse
- **Session Three: Effects of Abuse: Bullying, Human and Sex Trafficking and Suicide**
  - The Molding of Our Youth
  - Bullying and Cyberbullying
  - Teen Violence and Dating
  - Human and Sex Trafficking
  - Suicide
  - The Safety of Our Children
- **Session Four: Life's Journey**
  - Work and Learning
  - Opposition and Adversity
  - The Power of Thoughts and Desires
  - Actions, Habits and Addictions
  - Lifestyle
- **Session Five: The 3 Pillars: Self-Worth**
  - Self-Worth and Self-Esteem
  - Self-Worth Comes from Self-Control, Self-Respect, Usefulness and Purpose
  - What Influences our Self-Worth
- **Session Six: The 3 Pillars-Identity and Purpose**
  - True Identity Theft
  - Criticism and Correction
  - Submissions: Giving Up Your Identity
  - Lies, Deception and Ignorance
  - The Worth of Your Identity
  - The Anchor of the 3 Pillars
- **Session Seven: Progression of Family Violence and Abuse**
  - Our need to Belong
  - The Process of Family Violence
  - Hurt, Pain and Trauma



- **Session Eight: Anger, Resentment, Hatred, Revenge and Evil**
  - Hurt and Broken Trust
  - Overcoming Anger
  - Learn How Quickly Anger Can Lead to Evil
  - Resisting Evil
- **Session Nine: The Path to Family Violence and Abuse**
  - The Need for Order and Obedience
  - Chaos and Order
  - Rebellion
  - Lack of Self-Control and Emotional Immaturity
  - False Pride and Vanity
  - Greed and Power
- **Session Ten: Gathering Tools for Our Journey**
  - Attitude
  - Gratitude
  - Hope and Humility
  - Choice and Courage
  - Service, Sacrifice and Sacredness
  - Determination
- **Session Eleven: Change and Choice**
  - Our Ability to Change by Choice
  - The Power of Vision
  - Forward-Thinking, Forward-Looking and Forward-Moving
  - Keeping Promised and Personal Rules
  - Stability
- **Session Twelve: The Importance of Learning Truth**
  - Being Teachable
  - Desire to Find, Recognize, Accept, Communicate and Showing Truth
- **Session Thirteen: Healing**
  - Traditional Healing
  - The Wisdom of Forgiveness
  - Repentance and Restitution
  - Healing is Personal, Private and Sacred
- **Session Fourteen: Strengthening Our Families**
  - The Importance of Direction
  - Understanding Past Generations
  - The Importance of Family
  - Suggestions for Successful Change
  - Love At Home
  - Final Thoughts