Training starts promptly at 8a.m. (Arizona time) to 5p.m.

➢ Welcome and Introductions

➢ **Session One: Introduction and Overview-Fatherhood Is Sacred®, Motherhood Is Sacred®**
  - Define the purpose of life
  - Manhood and Womanhood
  - Fatherhood and Motherhood
  - NAFFA Core Principles

➢ **Session Two: The Path to Family Violence and Abuse**
  - The Family
  - What is Family Violence and Abuse?
  - Factors & Effects Leading to Family Violence and Abuse
  - Verbal, Emotional, Physical and Sexual Abuse

➢ **Session Three: Effects of Abuse: Bullying, Human and Sex Trafficking and Suicide**
  - The Molding of Our Youth
  - Bullying and Cyberbullying
  - Teen Violence and Dating
  - Human and Sex Trafficking
  - Suicide
  - The Safety of Our Children

➢ **Session Four: Life’s Journey**
  - Work and Learning
  - Opposition and Adversity
  - The Power of Thoughts and Desires
  - Actions, Habits and Addictions
  - Lifestyle

➢ **Session Five: The 3 Pillars: Self-Worth**
  - Self-Worth and Self-Esteem
  - Self-Worth Comes from Self-Control, Self-Respect, Usefulness and Purpose
  - What Influences our Self-Worth

➢ **Session Six: The 3 Pillars-Identity and Purpose**
  - True Identity Theft
  - Criticism and Correction
  - Submissions: Giving Up Your Identity
  - Lies, Deception and Ignorance
  - The Worth of Your Identity
  - The Anchor of the 3 Pillars

➢ **Session Seven: Progression of Family Violence and Abuse**
  - Our need to Belong
  - The Process of Family Violence
  - Hurt, Pain and Trauma
➢ Session Eight: Anger, Resentment, Hatred, Revenge and Evil
   • Hurt and Broken Trust
   • Overcoming Anger
   • Learn How Quickly Anger Can Lead to Evil
   • Resisting Evil
➢ Session Nine: The Path to Family Violence and Abuse
   • The Need for Order and Obedience
   • Chaos and Order
   • Rebellion
   • Lack of Self-Control and Emotional Immaturity
   • False Pride and Vanity
   • Greed and Power
➢ Session Ten: Gathering Tools for Our Journey
   • Attitude
   • Gratitude
   • Hope and Humility
   • Choice and Courage
   • Service, Sacrifice and Sacredness
   • Determination
➢ Session Eleven: Change and Choice
   • Our Ability to Change by Choice
   • The Power of Vision
   • Forward-Thinking, Forward-Looking and Forward-Moving
   • Keeping Promised and Personal Rules
   • Stability
➢ Session Twelve: The Importance of Learning Truth
   • Being Teachable
   • Desire to Find, Recognize, Accept, Communicate and Showing Truth
➢ Session Thirteen: Healing
   • Traditional Healing
   • The Wisdom of Forgiveness
   • Repentance and Restitution
   • Healing is Personal, Private and Sacred
➢ Session Fourteen: Strengthening Our Families
   • The Importance of Direction
   • Understanding Past Generations
   • The Importance of Family
   • Suggestions for Successful Change
   • Love At Home
   • Final Thoughts