

# TRAINING *Agenda*



Suicide Prevention:

Training is from 8:00 am to 5:00 pm daily (local time)

## OVERVIEW & INSTRUCTIONS

We have a few instructions for you when training starts:

1. Read and sign the electronic forms at this [link](https://forms.office.com/r/7PneFj3iCf). <https://forms.office.com/r/7PneFj3iCf>. This is to be required so that we can send you your certificate when the training is completed. If the electronic forms are not received, your certification will be delayed.
2. Please silence your phone during training.
3. Refrain from texting or typing during training. In-person- If you have an emergency, please leave the room. Virtual- Feel free to use the dialogue box to communicate the reason for leaving the training to NAFFA.
4. Virtual- Please keep your cameras on so that we can verify your training attendance. Turning off your camera will result in having to make up the training.

### Day 1

Each Day:

Lite breakfast served before class. Morning break is at 10 am, afternoon break is at 3 pm.

- **Welcome and Staff Introductions (recording)**
- Overview of NAFFA and the Suicide Prevention© Program
- Session One: Introduction
- **Break**
- Session Two: NAFFA's Core Principles
- **Lunch (On Your Own)**
- Session Three: NAFFA's Three Pillars
- **Break**
- Session Four: Spirit and Body

### Day 2

- Session Five: Premortal Life
- **Break**
- Session Six: Suicide
- **Lunch (On Your Own)**
- Session Seven: Suicide Prevention and Signs
- **Break**
- Session Eight: Stories of Attempted Suicide and Surviving Loved Ones

### Day 3

- **Facilitator Coordinator Resource Presentation**
- Session Nine: Trauma, Grief, and Loss
- **Break**
- Session Ten: Hope and Families
- **Lunch (On Your Own)**
- Session Eleven: Sharpening Tools
- **Break**
- Session Twelve: Healing
- Testimonial Sharing