



FATHERHOOD IS SACRED®
MOTHERHOOD IS SACRED®
A Universal Message

Addressing Family Violence and Abuse®

Agenda

Training is from 8:00 a.m. to 5:00 p.m. each day (local time).

Overview

We have a few instructions for you when training starts:

1. **Read and sign the electronic forms at this link.** <https://forms.office.com/r/7PneFj3iCf>. This is to be **required** so that we can send you your certificate when the training is completed. If the electronic forms are not received, your certification will be delayed.
2. Please silence your phone during training.
3. Refrain from texting or typing during training. In-person- If you have an emergency, please leave the room. Virtual- Feel free to use the dialogue box to communicate the reason for leaving the training to NAFFA.
4. Virtual- Please keep your cameras on so that we can verify your training attendance. Turning off your camera will result in having to make up the training.

Day 1

- **Lite breakfast served**
- **Welcome and Introductions**
 - Staff Introduction
- **Overview of NAFFA and the Addressing Family Violence and Abuse® Program**
 - The Core of NAFFA Wellness Powerpoint Presentation
- **Session One: Introduction and Overview of Fatherhood Is Sacred®, Motherhood Is Sacred®**
 - Define the purpose of life
 - Manhood and Womanhood
 - Fatherhood and Motherhood
 - NAFFA Core Principles
- **Break**
- **Session Two: The Path to Family Violence and Abuse**
 - The Family
 - What is Family Violence and Abuse?
 - Factors & Effects Leading to Family Violence and Abuse
 - Verbal, Emotional, Physical and Sexual Abuse
- **Lunch (On Your Own)**
- **Session Three: Effects of Abuse: Bullying, Human and Sex Trafficking and Suicide**
 - The Molding of Our Youth
 - Bullying and Cyberbullying
 - Teen Violence and Dating
 - Human and Sex Trafficking
 - Suicide

- The Safety of Our Children
- **Session Four: Life's Journey**
 - Work and Learning
 - Opposition and Adversity
 - The Power of Thoughts and Desires
 - Actions, Habits, and Addictions
 - Lifestyle
- **Break**
- **Session Five: The 3 Pillars: Self-worth**
 - Self-Worth and Self-Esteem
 - Self-Worth Comes from Self-Control, Self-Respect, Usefulness and Purpose
 - What Influences our Self-Worth

Day 2

- **Lite breakfast served**
- **Session Six: The 3 Pillars- Identity and Purpose**
 - True Identity Theft
 - Criticism and Correction
 - Submissions: Giving Up Your Identity
 - Lies, Deception and Ignorance
 - The Worth of Your Identity
 - The Anchor of the 3 Pillars
- **Break**
- **Session Seven: Progression of Family Violence and Abuse**
 - Our need to Belong
 - The Process of Family Violence
 - Hurt, Pain and Trauma
- **Lunch (On Your Own)**
- **Session Eight: Anger, Resentment, Hatred, Revenge and Evil**
 - Hurt and Broken Trust
 - Overcoming Anger
 - Learn How Quickly Anger Can Lead to Evil
 - Resisting Evil
- **Session Nine: The Path to Family Violence and Abuse**
 - The Need for Order and Obedience
 - Chaos and Order
 - Rebellion
 - Lack of Self-Control and Emotional Immaturity
 - False Pride and Vanity
 - Greed and Power
- **Break**
- **Session Ten: Gathering Tools for Our Journey**
 - Attitude
 - Gratitude
 - Hope and Humility
 - Choice and Courage
 - Service, Sacrifice, and Sacredness
 - Determination

Day 3

- **Lite breakfast served**
- **Facilitator Coordinator Resource Presentation**

- **Session Eleven: Change and Choice**
 - Our Ability to Change by Choice
 - The Power of Vision
 - Forward-Thinking, Forward-Looking, and Forward-Moving
 - Keeping Promised and Personal Rules
 - Stability
- **Session Twelve: The Importance of Learning Truth**
 - Being Teachable
 - Desire to Find, Recognize, Accept, Communicate and Showing Truth
- **Lunch (On Your Own)**
- **Session Thirteen: Healing**
 - Traditional Healing
 - The Wisdom of Forgiveness
 - Repentance and Restitution
 - Healing is Personal, Private and Sacred
- **Session Fourteen: Strengthening Our Families**
 - The Importance of Direction
 - Understanding Past Generations
 - The Importance of Family
 - Suggestions for Successful Change
 - Love At Home
 - Final Thoughts

