



FATHERHOOD IS SACRED®
MOTHERHOOD IS SACRED®
A Universal Message

Suicide Prevention©

Agenda

Training is from 8:00 a.m. to 5:00 p.m. each day (local time).

Overview

We have a few instructions for you when training starts:

1. **Read and sign the electronic forms at this link.** <https://forms.office.com/r/7PneFj3iCf>. This is to be **required** so that we can send you your certificate when the training is completed. If the electronic forms are not received, your certification will be delayed.
2. Please silence your phone during training.
3. Refrain from texting or typing during training. In-person- If you have an emergency, please leave the room. Virtual- Feel free to use the dialogue box to communicate the reason for leaving the training to NAFFA.
4. Virtual- Please keep your cameras on so that we can verify your training attendance. Turning off your camera will result in having to make up the training.

Day 1

- **Lite breakfast served**
- **Welcome and Introductions**
 - Staff Introduction
- **Overview of NAFFA and the Suicide Prevention© Program**
 - The Core of NAFFA Wellness Powerpoint Presentation
- **Session One: Introduction**
 - Introduction to the program
 - Define the purpose of life
 - Importance of Fatherhood and Motherhood
 - Sacredness and Sacrifice
 - Past Generations
 - Character and Integrity
 - Principle, Chaos vs. Order, Rules, and Obedience
- **Break**
- **Session Two: NAFFA's Core Principles**
 - Creator
 - Choice
 - Teachable
 - Wisdom
 - Service
- **Lunch (On Your Own)**
- **Session Three: NAFFA's Three Pillars**
 - Self-Worth

- Identity
- Purpose
- **Break**
- **Session Four:**
 - The Creation of the Body and the Spirit
 - Nourishment for Survival of the Body (Air, Water, Food, & Rest)
 - Nourishment for Survival of the Spirit (Truth, Love, Peace, & Freedom)
 - Components of Truth, Love, Peace, & Freedom

Day 2

- **Lite breakfast served**
- **Session Five:**
 - Premortal Life
 - Physical Death
- **Break**
- **Session Six:**
 - Definition of Suicide
 - Reasons People Attempt Suicide
 - Understanding What You Can Do
- **Lunch (On Your Own)**
- **Session Seven:**
 - Suicide Prevention
 - Understanding the Reasons to Live
 - Safety of Our Children
- **Break**
- **Session Eight:**
 - Examples of Stories of Attempted Suicide and Surviving Loved Ones

Day 3

- **Facilitator Coordinator Resource Presentation**
- **Session Nine:**
 - Defining Trauma
 - Importance of Historical Trauma
 - Grief and Loss
 - Understanding Grief in Response to Suicide
 - Summary of Trauma, Grief, and Loss
- **Session Ten:**
 - Importance of Hope and Families
- **Lunch (On Your Own)**
- **Session Eleven: Sharpening Tools**
 - Attitude
 - Gratitude
 - Appreciation
 - Humility
 - Truth
 - Learning
- **Session Twelve:**
 - Healing and the Process of Healing
 - Types of Healing
 - Physical
 - Emotional
 - Spiritual

- How to Trust in the Master Healer
- Miracle of Forgiveness
- Defining Gratitude and Humility

