

# TRAINING *Agenda*



Linking Generations by Strengthening Relationships: Training is from 8:00 am to 5:00 pm daily (local time)

## OVERVIEW & INSTRUCTIONS

We have a few instructions for you when training starts:

1. Read and sign the electronic forms at this link. <https://forms.office.com/r/7PneFj3iCf>. This is to be required so that we can send you your certificate when the training is completed. If the electronic forms are not received, your certification will be delayed.
2. Please silence your phone during training.
3. Refrain from texting or typing during training. In-person- If you have an emergency, please leave the room. Virtual- Feel free to use the dialogue box to communicate the reason for leaving the training to NAFFA.
4. Virtual- Please keep your cameras on so that we can verify your training attendance. Turning off your camera will result in having to make up the training.

### Day 1

Each Day:

Lite breakfast served before class. Morning break is at 10 am, afternoon break is at 3 pm.

- **Welcome and Staff Introductions (recording)**
- Overview of NAFFA and the Linking Generations by Strengthening Relationships® Program
- Session One: Introduction and Building on the Foundation of Fatherhood Is Sacred®, Motherhood Is Sacred®
- **Break**
- Session Two: Fatherhood Is Sacred® Core Principles
- **Lunch (On Your Own)**
- Session Three: Thoughts
- **Break**
- Session Four: Attitudes
- Session Five: Learning

### Day 2

- Session Six: Self-Worth
- **Break**
- Session Seven: Improving Relationships
- **Lunch (On Your Own)**
- Session Eight: Personal Characteristics Damaging to a Relationship
- Session Nine: Getting Caught Up
- **Break**
- Session Ten: Love and Intimacy

### Day 3

- **Facilitator Coordinator Resource Presentation**
- Session Eleven: Communication and Interaction
- **Break**
- Session Twelve: The Road to Marriage
- **Lunch (On Your Own)**
- Session Thirteen: Ending and Changing a Relationship
- **Break**
- Session Fourteen: Keys to Strong Family Relationships